



Turn up the volume. Switch on the radio. Play that jam over and over. Wedding Anthem is very pleased to feature one of South Africa's beloved Presenter and Newsreader from the one and only 5FM. She sheds some light on her true love, upcoming book for women and striking a balance. Get front row seats to our one-on-one with none other than **Sureshnie Rider**! Enjoy the read.

In one sentence, who is Sureshnie?

Sureshnie is a woman who lives life to the fullest and is a spiritual millionaire.

Briefly, please tell our readers a little bit about you...

I am a Presenter and Newsreader on 5FM. I am also a new business woman, working alongside my husband Leigh in his venture at BobbleheadSA. When I'm not working on TV or in the motoring World test driving cars, then I'm a homebody dedicated to my amazing two-year-old daughter Pavani Milan.

Can you please tell your fans what you have been up to and/or what's next?

I host an amazing show called the 5FM Top40, which airs on a Saturday from 10am till 2pm. I read news Monday to Friday on Rob Forbes Show from 9 - 12, I am a voice over artist and I

Written by Phindiwe Nkosi (@PhindiweNkosi)

also contribute as a show presenter on South African Airways in flight radio on international flights.

Next for Sush is really developing the business of Bobbleheads with my husband Leigh. It's his dream-child and I'm learning the in's and outs of carving a new market. I am also sitting down with a close friend of mine to write an inspiring handbook for Women. As the MTN Y'ello Rose Ambassador I was awarded R100 000 to invest in social projects. I have decided to build libraries around South Africa or help with established ones for disadvantaged communities.

How do you find a balance between what you do and who you are?

Easy. You need to find the balance of your personality. When I enter the gate, Sureshnie from 5FM goes to rest and Mummy and Wife come into play. I immediately don a different hat or apron and then I'm that home person who will cook, clean and bake :)

We celebrate love. Do you think true love exists? If so, Who/what/where is it?

Yes, Yes, Yes! Love is in every look, touch, hug, kiss or gesture. I am a true romantic and firmly believe that Love will reside where you decide to invest time in. If you want your relationships to grow be it platonic, family or otherwise, give that personal Quality Time and listen to them. It's the most important foundation.

I found my true love and I will treasure Leigh for all the days of my life.

Do you think there is still a place for marriage in this day-and-age?

Absolutely. It really depends upon YOU as an individual. Don't go into something you can't complete. Don't base your marriage on other people's experiences. Create your own memories. Compared to that of our parents' lives; ours are far more stressful, complicated and demanding. So it's truly up to you to make that decision.

Do you have a message to Wedding Anthem?

Congrats on such an amazing publication! Wishing you Love, Luck and Light in all of your endeavours and thank you for allowing us to share our most special time in our lives.

Written by Phindiwe Nkosi (@PhindiweNkosi)

Do you have any other words of wisdom to your fans?

Make your Life Choices with a clear mind. Don't allow other people or society to shape your decisions or tell you how to run your career, marriage or your family. You need to find your strength and discover your talents. Be Humble in Your victories.

Show your support for Sureshnie!

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